

## AMERICAN SAFETY & HEALTH INSTITUTE FIRST RESPONDER PROGRAM

The United States Department of Transportation( DOT) and the National Highway Traffic Administration develop and support the First Responder training program, which is one of the leading safety training programs in the emergency medical care field.

The Student Health Care Center CPR/ First Aid staff is comprised of three Emergency Medical Technicians (EMT' s) who oversee the First Responder program. First Responder is a 40-hour course designed to provide basic emergency care knowledge and skills to those first on the scene of an emergency.

First Responder is now a prerequisite for many counties before one may enter and EMT course. Several of our recent participants have entered in the EMT school for the fall and others have found volunteer opportunities within the Alachua County reserves program. The staff at the Student Health Care Center help assist students in pursuing their future career goals. The majority of participants who take the First Responder program enter careers in medical services, firefighting, law enforcement, and disaster services. In addition, many participants take this course to have a better understanding of medical illnesses and traumatic injuries. Outlined below are some major topics that covered in the course.

### COURSE OBJECTIVES:

- Introduction to the EMS System
- The Well Being of the First Responder
- Legal and Ethical Issues
- The Human Body
- Lifting and Moving Patients
- Advanced Airway Management
- Patient Assessment
- CPR 1 and 2 person
- Medical Emergencies
- Bleeding and Soft Tissue Injuries
- Muscle and Bone Injuries
- Pediatric and Infant Emergencies
- EMS Operations
- Environmental Hazards

### CERTIFICATION REQUIREMENTS:

Upon completion of the course participants will receive two items. First, a certification card from the American Safety & Health Institute valid for 2 years. Second, a course certificate from the Student Health Care Center affirming that you passed all the necessary skills established by the DOT in the First Responder program.

REGISTRATION PROCESS: This course is open to the public and all participants must be registered at least 2 days prior to the course start date. This course does fill up quickly and we advice you register as early as possible.