

## Contraceptive Methods Available at the Student Health Care Center

Contraceptive Method	Cost Per Month (\$)	STD Protection	Effectiveness (%) “typical”use - perfect use	Convenience	Reversibility
Birth Control Pill	*	No	95-99	Must take pill daily	Fertility typically returns within one month of cessation
Depo Provera (“Depo”) injectable	*	No	99	Must see provider every 3 months for another injection	Potential for 10-12 month period of infertility
NuvaRing	*	No	98-99	Must insert a new ring once a month	Fertility typically returns within one month of cessation
Ortho-Evra (“the patch”)	*	No	98-99	Must change patch once a week for 3 weeks, every month	Fertility typically returns within one month of cessation
Intrauterine Device (IUD) (2 brands: Mirena and Paragard)	*	No	97-99	Inserted by provider and left in place for 5-10 years (depending on the brand)	Fertility is immediately restored upon removal of the IUD
Latex Condoms	Free	Yes	85-98	Must apply just prior to intercourse	Fertility is not altered
Diaphragm	*	No	80-92	Can be inserted any time before intercourse, even during foreplay; need to be fitted by provider	Fertility is not altered
Cervical Cap	*	No	80-92	Can insert up to 40 hours prior to intercourse; need to be fitted by provider	Fertility is not altered
FemCap	order on-line <a href="http://www.femcap.com">www.femcap.com</a>	No	80-92	Can insert up to 40 hours prior to intercourse	Fertility is not altered

Hormonal methods

Barrier methods

**\*Call 392-1161 and ask for the Pharmacy for up-to-date pricing information**

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